

SAT
FEB 27
2016

WALKING ON EGGSHELLS

READ Psalm 32:1-11

The one the Lord doesn't consider guilty — in whose spirit there is no dishonesty — that one is truly happy!

— Psalm 32:2 (CEB)

While I am caring for my grandparents, I sometimes feel like I am walking on eggshells. Their burdens are so heavy with

THOUGHT FOR THE DAY

I need hold nothing back from God.

physical pain, emotional anxiety, and mental confusion that I don't share my own burdens with them for fear of troubling them.

Hearing anything negative

easily upsets them, which makes it difficult to be completely authentic in their company.

I never need to walk on eggshells around God. After a trying day of fetching medicines, scrubbing floors, and washing laundry, I'm welcome to fling my whole self into God's arms: frustrations, worries, doubts, sin, questions, as well as praises and thanksgiving. I can't surprise, hide from, or deceive God. All my troubles are small compared to the Lord's infinite wisdom and power.

Christ died and rose again so that we might enjoy full access to God through the Holy Spirit and be known and loved completely. Nothing can taint or diminish divine love. When we throw our hearts into God's embrace through prayer, God showers us with abundant love.

Prayer: Dear God, thank you for embracing us exactly as we are. Amen.

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Check for the March-April issue of *The Upper Room* in your church. (Or subscribe and free your copy for a visitor or new user. See p. 1.)